

SEMAGLUTIDE / OZEMPIC INFORMATION DOCUMENT

WHAT IS SEMAGLUTIDE / OZEMPIC, ANYWAY?

Semaglutide is a GLP-1 (glucagon-like peptide-1) receptor agonist that helps lower blood sugar, control appetite, and drive significant weight loss. Ozempic is the original brand name from Novo Nordisk, while semaglutide can also be supplied as a compounded medication. At mobivVe we offer two options built around the same active ingredient:

- Ozempic – imported, branded semaglutide
- Compounded semaglutide – produced locally in South Africa as a more cost-effective alternative, while delivering the same active GLP-1 molecule and clinical effect when dosed correctly

Both are provided in prefilled cartridge style pens, similar to diabetic pens, with no loose vials or separate needles required. You simply dial the prescribed dose and inject once a week, making it a convenient, user-friendly solution for long-term weight management and metabolic health.

INTRODUCING SEMAGLUTIDE / OZEMPIC AT mobivVe

Say hello to your weekly weight-loss and metabolic reset partner. As a mobile IV therapy & revive lounge, mobivVe offers semaglutide/Ozempic in easy-to-use prefilled pens, combined with lifestyle support, to help you lose weight, control cravings, and improve blood sugar in a safe, structured way.

THE SCIENCE

Semaglutide mimics the natural GLP-1 hormone produced in your gut. It:

- Increases insulin release when you eat, helping control blood sugar
- Reduces glucagon (a hormone that raises blood sugar)
- Slows stomach emptying, so you feel fuller for longer after meals
- Acts on the hunger centres in the brain to cut appetite and cravings

The result is fewer daily calories without constant will-power, more stable blood sugar, and clinically proven weight loss when combined with lifestyle changes. Clients often report smaller portions, fewer cravings, better energy, and steady, sustainable fat loss.

THE SEMAGLUTIDE / OZEMPIC PROCESS AT mobivVe

1. Complete your medical questionnaire and once-off doctor consultation

As a GLP-1 medication, semaglutide/Ozempic requires a once-off doctor consultation (R500) for all new clients before your script can be generated and your order placed. This applies regardless of your medical questionnaire answers and is a standard requirement for all GLP-1 prescriptions at mobivVe. If you answer "Yes" to any safety question, additional review may be required before proceeding.

2. Script and order

Once your consultation and script are approved, we dispense either:

- Branded Ozempic, or
- Locally compounded semaglutide (more cost-effective option)

Both come as prefilled cartridge pens, not vials, with clear dose instructions.

3. Weekly pen routine

You inject once weekly, on the same day each week, using the prefilled pen: simply attach the pen needle, dial your dose, press the pen against your abdomen, thigh or upper arm, and hold for the click. Dose titration (starting low and slowly increasing) is done according to your script to minimise side-effects.

KEY REMINDERS

- Take your injection once a week on the same day, as prescribed
- Rotate injection sites between abdomen, thigh, and upper arm
- A once-off doctor consultation (R500) is required for all new GLP-1 clients before your first order
- All mobivive GLP-1 products are prefilled cartridge style pens – no vials, no manual mixing, and no loose syringes
- Store pens in the fridge and remove a few minutes before use for comfort
- Continue with a balanced meal plan, hydration and regular movement for best results

HOW MUCH DOES IT COST

Semaglutide 1mg Prefilled Pen (2.4ml): R2,499 (8 weeks supply)

Semaglutide 2mg Prefilled Pen (2.4ml): R3,999 (12 weeks supply)

Ozempic 1mg Prefilled Pen (2.4ml): R3,999 (8 weeks supply)

Ozempic 1mg Prefilled Pen (1.5ml): R2,499 (4 weeks supply)

(Includes medical questionnaire review and script generation; once-off R500 doctor consultation required for all new GLP-1 clients)

THE SEMAGLUTIDE / OZEMPIC WEIGHT LOSS PROGRAM

For clients wanting a structured journey, you can combine your weekly semaglutide/Ozempic pen with our Weight Loss IV treatments. This integrated program supports metabolism, gut health, energy, and hydration while your GLP-1 works on appetite and blood sugar, giving you the best chance of sustainable long-term results.

LET'S TALK SIDE EFFECTS

Common, usually mild effects include nausea, bloating, constipation or diarrhoea, especially in the first 4–6 weeks while your body adjusts. Starting at a low dose and increasing slowly, eating smaller meals, and staying hydrated all help reduce these. More serious risks (pancreatitis, gallbladder issues, thyroid disease history, etc.) are screened for in your medical questionnaire and addressed during your once-off doctor consultation.

BOOKING YOUR TREATMENT / ORDER YOUR PEPTIDE

Ready to get started? Whether you want more information, need help with the questionnaire, or are ready to order your peptide, we're here to help:

- Email: orders@mobivive.co.za
- WhatsApp: 064-512-8018
- Call: 061-509-6038

Remember: all mobivive peptides, including semaglutide and Ozempic, are supplied as prefilled cartridge style pens for maximum ease and safety.