



mobivive

SELANK INFORMATION DOCUMENT

WHAT IS SELANK, ANYWAY?

Selank is a 7-amino-acid peptide derived from tuftsin, a natural immune peptide. Its main effect is calming anxiety and stress without sedation, and it also supports attention, memory and mild low mood. It works on the GABA system (the brain's calming system), slows the breakdown of the body's own enkephalins and increases BDNF. It shows no evidence of dependency or withdrawal. Each prefilled pen holds 5mg: 20 morning doses, a 4-week course.

INTRODUCING SELANK AT mobivive

Calm without the fog: Selank eases anxiety and stress while keeping you clear and focused, with no dependency. Doctor prescribed, delivered to your door.

THE SCIENCE

Selank enhances GABA activity and influences the expression of GABA receptors and transporters, the same calming system targeted by anti-anxiety medicines, but without sedation or dependency. It inhibits the enzymes that break down enkephalins, increases BDNF (improving attention and memory) and, through its tuftsin origin, helps balance the immune system. Clinical studies in generalised anxiety disorder reported reduced anxiety.

THE SELANK PROCESS AT mobivive

1. Complete your medical questionnaire

Fill in the questionnaire. If you answer **"No" to all questions**, your **Selank order is placed**.

If you answer **"Yes" to any question**, a **once-off consultation (R500)** is required.

2. Order and delivery

Your Selank arrives as a **prefilled cartridge pen**, no vials, no mixing.

3. Morning injection routine

Self-administer every morning, 5 days on and 2 days off: remove cap, dial your prescribed dose (250µg), clean the injection site, and inject subcutaneously at a 45-90° angle into your lower abdomen (at least 5cm from the navel), front of thigh or upper arm. Rotate sites each time.

KEY REMINDERS

- Inject in the morning; it is non-sedating

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- 5 days on, then 2 days off (or 4 weeks on, 4 weeks off)
- No evidence of dependency or withdrawal
- Store the prefilled pen in the fridge (2 to 8°C)
- Can be combined with Semax for calm plus focus (ask our doctor)
- **All mobivive peptides are prefilled cartridge pens, no vials, no needles**

HOW MUCH DOES IT COST

Selank Prefilled Cartridge Pen: R1,450

(20-dose supply (a 4-week course) + medical questionnaire review; R500 consultation fee applies if questionnaire triggers doctor review)

LET'S TALK SIDE EFFECTS

Selank is generally well tolerated and non-sedating. Mild headache may occur. There is no evidence of dependency or withdrawal symptoms.

BOOKING YOUR TREATMENT / ORDER YOUR PEPTIDE

Ready to feel calm and clear? Whether you need more info or are ready to **order your peptide**:

1. Email: orders@mobivive.co.za
2. WhatsApp: 064-512-8018